

Endodontic Treatment Post Op / (Root Canal) :

At times we have to remove the nerve from inside of a tooth. The words “Root Canal” usually strike with the fear of pain. For the most part that fear is no longer necessary. When we are able to treat a tooth before an infection grows or before swelling starts treatment is quite predictable. **The tooth is not removed.** The tooth is cleaned and likely will be crowned but the tooth remains and can remain stable for many years to come. The goal is preserving the tooth and preserving the bone below the tooth.

There are new methods of cleaning inside a tooth. These ways clean and pull materials out of the tooth that would otherwise infect the bone below. Smaller instruments better detergents, rotary instruments and lasers help us to effectively clean the tooth. There are QR codes below to demonstrate some of the methods we utilize for your tooth.

Most times we require **two visits** to complete a root canal.

Visit One: / Step ONE We diagnose and open the problematic tooth. We clean the infection and or nerve material from inside the tooth. We place a medicated temporary filling to help heal and allow a week or two rest.

Post Operative Care:

Simple common sense care is usually all that you will need. Normally we hear that patients have an immediate reduction of pain and maybe a day or two of lingering discomfort.

Day ONE: take medications prescribed which is usually **3 Advil or 2 Tylenol every 6 - 8 hours** and if an **antibiotic** () is prescribed take it every 8 – 12 hours as instructed on bottle.

Brush gently around the neighboring teeth near the root canaled tooth **carefully** but complete hygiene as usual.

Day TWO: Usually with our advanced methods by now pain and swelling are starting to calm down. Continue 3 Advil (600mg) and or 2 Tylenol for a full 24 hours post procedure. If you have little to no pain you may reduce the pain medicine accordingly. Continue your antibiotic until the bottle is completely used up. Return to your normal dental hygiene routine.

Day THREE: We typically expect that pain is gone and you reduce any pain medicine. Continue your antibiotic as prescribed. If pain returns or swelling occurs at this time or you have an unexpected question please call the office **during the day 212-888-3570 or if you feel that there is an emergency please call 347-516-0616.**

Please return for your second appointment as observation and completing the sealing step in a timely fashion is important in the long term stability of the tooth.

Visit Two: / Step TWO

We remove the temporary filling and access and clean the medication from the tooth. Any remaining shaping of the internal portions of the tooth will be completed and a permanent biocompatible rubber material will be cemented inside the tooth. Usually a separate appointment will be made to place (or replace) a crown and reinforcing post into the tooth. For one day take pain medicine as outlined above in Day ONE. **Should pain persist or if pain starts 3 or 4 days later you may need antibiotic.** Please call us as soon as possible and we will call in the appropriate antibiotic and give you new instructions.

As written above call the office **during the day 212-888-3570** or if you feel that there is an emergency please call **347-516-0616**.

J. Morita Endodontic System

This has multiple benefits to the patient and user. The pressure sensitive rotary system makes cleaning a tooth more efficient. It also minimizes the need for X-rays as the handle has a sensor which tell us where we are inside your tooth. The cleaning tip is always pulling material OUT of the tooth which improves healing time and provides a significant reduction in post operative pain.



Waterlase Laser System Cleaning inside of the tooth. This removes biologic material causing tooth pain.



3D CBCT Planmeca Radiographic Imaging System is a high detail image down to 0.07 of a millimeter.



At times we may need a 3D image of your tooth. Our newest CT machine can produce very detailed imagery.